

## Ten Reasons to be a Mentor!

1. Quality mentoring programs provide a shared opportunity for learning and growth. In fact, many mentors say that they are surprised and grateful for the experience because it is more rewarding than they imagined.
2. Spending one hour each week — whether it's helping with homework, playing games or just hanging out — makes a difference because the young person sees that he matters to you and you're willing to show up for him on a regular basis.
3. How often are we provided a unique opportunity to “pay it forward”? Mentoring is a chance to share hobbies, activities, and the values and qualities that make you someone who matters.
4. People who volunteer as a mentor will often tell you they feel rewarded by being someone who matters. They say they have learned a lot about themselves, and feel an improvement in their self-esteem, confidence and communications skills.
5. Being a mentor gives you a chance to step out of your comfort zone and can help you gain a deeper understanding of different cultures, different generations and even of the community you live in.
6. Mentoring relationships can bridge the generation divide, and mentors frequently say that the experience
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10. Mentoring relationships can bridge the generation divide, and mentors frequently say that the experience helps keep them feeling young.



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“I Want To Be A Mentor”