

Carbohydrate Count--Ice Cream and Sorbet 2018-2019

Stock Number	Description	Allergens	Calories	CHO (g)	Other
1163	Sorbet Watermelon Sour	None	70	20	
1164	Sorbet Lemon Sour	None	70	20	
1172	Birthday Cake Cone	Milk, Soy, Tree Nuts (as coconut oil), Wheat	160	33	
1173	Orange Pushup	Milk	90	20	
1491	Van & Choc Cone	Milk, Soy, Tree Nuts (as coconut oil), Wheat	150	27	
1492	Cookies & Cream Round	Milk, Wheat, Soy	140	28	
1493	Creamy Cotton Candy	Milk	70	15	
1499	Peach Frozen Yogurt LF (Tub)	Milk	100	20	
1826	Rainbow Polar Pole Pushup	Milk	70	13	Red Dye #40
1828	Sour Swell	Milk	70	12	Red Dye #40
2971	Strawberry Shortcake	Milk, Soy, Tree Nuts (as coconut oil), Wheat	130	23	Red Dye #40
2975	Chocolate Shortcake	Milk, Soy, Tree Nuts (as coconut oil), Wheat	140	22	
2978	Crumbled Cookie Cone	Milk, Soy, Tree Nuts (as coconut oil), Wheat	170	31	
2979	Chocolate Light Ice Cream	Milk	100	19	
2981	Strawberry Light Ice Cream	Milk	100	19	Red Dye #40
2982	Lowfat Vanilla Ice Cream	Milk	110	20	
2983	Vanilla Ice Cream Sandwich	Milk, Wheat, Soy	130	26	
2990	Fudge Bar	Milk	100	22	
2994	Chocolate Frozen Yogurt LF (Tub)	Milk	100	20	

7/10/2018

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