



The Intramural Bulletin

Volume 17, Issue 1

August 2017

Palmer Middle School

Be a Champion

Champion Choices
Champion Academics

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Points of interest

- * Intramurals is open to all students
- * Athletic clothing required
- * Begins promptly at 8:00am.
- * Activity calendar is available on school's and PTSA's website.

Palmer Middle School Intramural Philosophy

The Palmer Middle School Intramural Program encourages all students to have the opportunity to participate in recreational activities. This program is designed to attract the maximum number of students by providing a variety of recreational activities. These activities include competitive and noncompetitive sports.

What time does it start ?

Intramurals will meet on Monday, Tuesday, Wednesday and Fridays between 8:00am. and 8:50am.



Come to Intramurals and play in a 3 on 3 basketball tournament with

Students will need to arrive to the Gym lobby no later than 8:10am. in order to have time to dress out and begin the activity. The locker rooms will be open to dress for intramurals between 8:00am and 8:10am. Any students that arrive after 8:10am. need to report to the theater for study hall.

What do you need to wear?

All students are to dress out into clothes that they would

wear for Physical Education classes. The students are to use their P.E. locker. If the student has not been issued a P.E. locker, he or she will be issued one. The locker will be his or hers unless it is needed for a new Physical Education student. All students attending intramurals are committed to stay until the session is completed.

Academics and ISS

Academics will always be a priority. Study sessions or teacher make-up work should always come first.

Students in ISS will not be permitted to attend Intramurals for the same number of days they are serving ISS. For example 2 days of ISS will be two days of no Intramurals.

Intramurals Starts September 5, 2017

Palmer Intramurals will begin Tuesday, September 5. All students are invited to attend. This first day will be a introduction to the program. We will go over rules, policies and procedures for the first few minutes. Students are encouraged to get a copy of the

Monthly Activity Calendar to see what activities or sports are going to be offered . This is an opportunity for students that are not in the same classes to get together and play in various sports or activities.

Intramurals is an exten-

sion of Palmer's Physical Education program. The dress code for intramurals is the same as for Physical Education classes. This also follows Palmer's dress code. You will need to dress out for intramural activities.

Palmer Intramurals Forever

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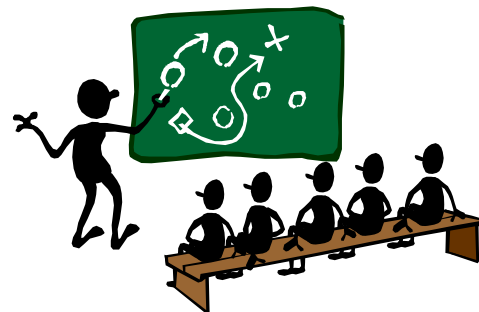


Champion Choices
Champion Academics

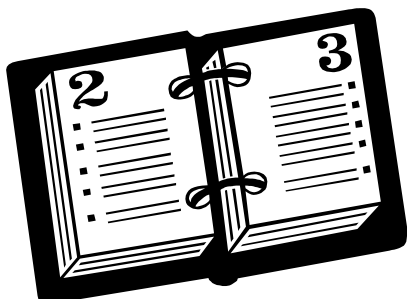
Tournaments

Tournaments will be offered through out the school year. The tournament format will allow students to create their own teams and act as their own coaches. The tournaments will also try to follow the schedule of sports that are being played on the College or Professional level. By having different tournaments we hope to draw a large interest of all students to become a part of the intramural program.

Last year we had a huge success with the four down touchdown football tournament. In addition to football we want to add a basketball tournament as well. It is important that students obtain a team roster and complete it to have a spot in the tournaments.

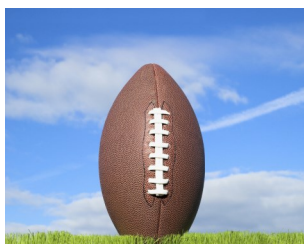


Monthly Activities



Activity calendars will be available one week prior to the beginning of each month. There will be a Bring a Parent to intramurals Day at least one day a month.

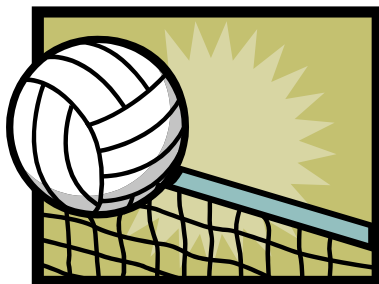
At the beginning of every month an activity calendar will be available for students and parents to see what activities will be offered for a particular day. Students are encouraged to get a copy of the Monthly Activity Calendar to see what activities or sports are going to be offered.



Copies of the calendar will be available for students to take home.

The monthly calendar will be posted in the Physical Education area (Gym Lobby) and both locker rooms. The calendar will specify the activity.

There will be a Bring a Parent to intramurals Day at least one day a month. Posters and signs for the program can be made by the intramural students on



designated days. The activities are scheduled to utilize both the main gym and carpeted gym.



**CLEAR EYES
FULL HEARTS
CAN'T LOSE**